



CATALOGUE EDITION
JUNE 2026



www.limafood.com

[f](#) [@](#)lima.bio.food

Pioneers in Organic Nutrition Since 1957

For more than 65 years, Lima has been dedicated to creating wholesome, organic foods with the philosophy of “better for you and good for the planet.”

Founded in Belgium, and rooted in the macrobiotic principles introduced by Georges Ohsawa, Lima has played a pioneering role in shaping the organic food movement. We were even involved in the early development of organic legislation in Europe.

At Lima, we believe that a plant-based lifestyle opens new ways to enjoy food mindfully. Harmony begins with making conscious food choices and appreciating high-quality ingredients.

Our Commitment to You and the Planet

Our products are developed using carefully selected ingredients and produced according to recipes that meet high-quality standards. They are made in accordance with EU organic standards.

The result is plant-based products that can be easily integrated into everyday life.

Lima - Organic by Conviction

For many years, Lima has stood for plant-based organic products. Our products are born from the conviction that good food can be made from high-quality raw materials and carefully developed recipes.

Belgian Innovation Meets Japanese Philosophy

Lima's journey is a fusion of Belgian innovation and Japanese philosophy. Rooted in macrobiotic principles introduced by Georges Ohsawa, our approach emphasises balance, respect for nature, and mindful living.

From the beginning, our founder Pierre Gevaert infused this philosophy into Lima's product range, combining the simplicity of Japanese culinary traditions with the innovation of European organic practices. Whether it's our plant-based drinks, condiments, and coffee alternatives, each product is crafted with care to nourish both body and mind.

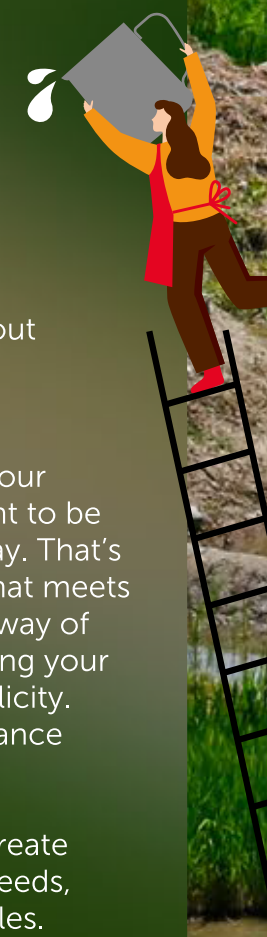
This East-meets-West approach has led to the creation of some of Europe's most iconic plant-based products-like Lima's rice drink, the first Rice Drink in Europe.

Organic today: easy and accessible

At Lima, it's not just about balance. It's also about having fun!

We know the needs of our consumers and we want to be closer to them every day. That's why we offer a range that meets all your desires. A new way of cooking and embellishing your plates easily, in all simplicity. The Lima touch to enhance your favourite dishes!

Most importantly, we create products that fit your needs, preferences, and lifestyles. We evolve for you and with you. We believe in supporting those who choose to make responsible choices. To support you. Every day, every moment.



Lima and the Planet: Organic with Nothing to Hide!



For over 65 years, we have been developing and producing plant-based organic products. We adhere to the requirements of the EU Organic Regulation and rely on high-quality plant-based raw materials.

Our products are developed using selected plant-based raw materials and carefully balanced formulations, in accordance with the requirements of organic production.

There are clear legal requirements for

organic ingredients: they are produced without the use of genetically modified organisms or synthetic chemical pesticides.

Many of our products also carry national organic certifications, such as the French certificate "Agriculture Biologique" or the Belgian certificate "Biogarantie".

This results in plant-based organic products that are based on carefully selected raw materials and years of experience in the development of plant-based foods.



PLANT-BASED DRINKS

PLANT-BASED DRINKS FOR RESPONSIBLE CONSUMPTION



CONDIMENTS

AUTHENTIC FLAVOURS, INSPIRED BY JAPANESE TRADITION



TEA & COFFEE SUBSTITUTES

CAFFEINE-FREE RECIPES FROM EUROPEAN CULTURES



www.limafood.com
f @lima.bio.food

Table of content

■ Tea & Coffee Substitutes 6

Coffee Substitutes	6
Japanese Tea	7

■ Plant-Based Drinks 8

Rice Based Drinks	8
Soya Based Drinks	8
Oat Based Drinks	9
Spelt Based Drinks	9
Millet Based Drinks	10
Nut Based Drinks	10

■ Cream Alternatives 11

Vegetable Cream	11
-----------------	----

■ Noodles 12

Japanese Noodles	12
------------------	----

■ Soups 13

Japanese Instant Soups	13
------------------------	----

■ Soy Sauces and Miso 14

Pure Soy Sauces	14
Soy Sauces with Wheat	15
Seasoned Sauces	16
Fermented Soy Paste (miso)	16

■ Other Condiments 18

Vinegar & Wasabi	18
Gomasio - Sesame Sea Salt	18
Sesame Paste	19
Unrefined Sea Salt	19
Binding and Gelling Agents	19
Culinary Specialties	20
Dried Seaweed	20

Tea & Coffee Substitutes

Chicory is a herbaceous plant with light purple flowers and edible roots, which is part of the chicory family. The root (which is roasted and ground) contains lots of good and healthy properties to create a perfect coffee substitute. Chicory has a wonderful aroma and does not contain caffeine. The day starts just as nicely with chicory or our classic Yannoh® with the delicious taste of roasted grains and guaranteed gluten-free.*

*more info at www.limafood.com

Coffee Substitutes



09187 • Chicory filter

Chicory*.

Bio
Weight: 250 g
Units per carton: 12
Cartons per palette: 90



09186 • Chicory filter

Chicory*.

Bio
Weight: 500 g
Units per carton: 6
Cartons per palette: 90



09188 • Chicory instant

Chicory*.

Bio
Weight: 100 g
Units per carton: 6
Cartons per palette: 240



41446 • Yannoh® filter original

Roasted BARLEY*, roasted WHEAT*, roasted chicory root*, roasted RYE*, roasted chickpeas*.

Bio
Weight: 500 g
Units per carton: 6
Cartons per palette: 90



41445 • Yannoh® filter original

Roasted BARLEY*, roasted WHEAT*, roasted chicory root*, roasted RYE*, roasted chickpeas*.

Bio
Weight: 1 kg
Units per carton: 6
Cartons per palette: 45



41459 • Yannoh® instant original

Chicory root*, RYE malt*, BARLEY malt*, acorns*.

Bio
Weight: 50 g
Units per carton: 12
Cartons per palette: 176



41458 • Yannoh® instant

Chicory root*, RYE malt*, BARLEY malt*, acorns*.

Bio
Weight: 125 g
Units per carton: 8
Cartons per palette: 80



*= Organically grown.)

■ Tea & Coffee Substitutes

	41457 • Yannoh® instant Chicory root*, RYE malt*, BARLEY malt*, acorns*.	Bio Weight: 250 g Units per carton: 6 Cartons per palette: 72	
	41467 • Yannoh® instant refill Chicory root*, RYE malt*, BARLEY malt*, acorns*.	Bio Weight: 250 g Units per carton: 10 Cartons per palette: 54	
	41463 • Yannoh® instant vanilla Coffee substitute* (chicory, roasted RYE*, roasted BARLEY*, roasted acorns*), dried corn*, syrup powder, natural flavour from vanilla* 1%.	Bio Weight: 150 g Units per carton: 6 Cartons per palette: 176	
	41479 • Yorzo instant BARLEY*.	Bio Weight: 125 g Units per carton: 6 Cartons per palette: 132	
Japanese Tea			
	65116 • Roasted bancha tea (leaves) Bancha* Camellia sinensis (roasted Japanese green tea).	Bio Weight: 75 g Units per carton: 6 Cartons per palette: 126	
	45547 • Green bancha tea (leaves) Green bancha* Camellia sinensis (dried Japanese green tea).	Bio Weight: 100 g Units per carton: 6 Cartons per palette: 126	
	45527 • Kukicha tea (twigs) Kukicha* Camellia sinensis (twigs roasted Japanese green tea).	Bio Weight: 150 g Units per carton: 6 Cartons per palette: 126	
	45537 • Sencha green tea (leaves) Sencha* Camellia sinensis (Japanese green tea).	Bio Weight: 75 g Units per carton: 6 Cartons per palette: 260	

*= Organically grown.)

Plant-Based Drinks

A delicious range of 100% organic Rice, Oats, Spelt and Soy from Europe. Our plant-based drinks are not only a delicious thirst-quencher, you can also use them endlessly in the kitchen, for savoury and sweet dishes, desserts and smoothies...

Rice Based Drinks

	41292 • Rice Drink Original Water, rice* 14%, sunflower oil*, natural vanilla flavouring*, sea salt.	Bio Weight: 500 ml Units per carton: 10 Cartons per palette: 120	
	49131 • Rice Drink Original Water, rice* 15%, sunflower oil*, sea salt, natural vanilla flavouring*.	Bio Weight: 1 L Units per carton: 8 Cartons per palette: 100	
	49133 • Rice Drink Vanilla Water, rice* 14%, sunflower oil*, bourbon vanilla flavouring*, sea salt.	Bio Weight: 1 L Units per carton: 8 Cartons per palette: 100	
	49129 • Rice Drink Coco Water, rice* 14%, coconut milk* 6%, natural coconut flavouring*, sea salt.	Bio Weight: 1 L Units per carton: 8 Cartons per palette: 100	
	49117 • Rice Drink Choco Water, rice* 17%, rice syrup*, cocoa powder* 1%, sunflower oil*, natural vanilla flavour*, thickener: locust bean gum*, sea salt.	Bio Weight: 1 L Units per carton: 6 Cartons per palette: 125	
	41223 • Rice Drink Hazelnut Almond Water, rice* 16%, HAZELNUTS* 1.7%, sunflower oil*, ALMONDS* 0.6%, BARLEY*, sea salt.	Bio Weight: 1 L Units per carton: 6 Cartons per palette: 125	

Soya Based Drinks

	41316 • Soya Drink Natural Water, SOYA beans* 9%.	Bio Weight: 1 L Units per carton: 8 Cartons per palette: 100	
---	---	---	---

*= Organically grown.)

Oat Based Drinks

New



3579 • Pure Oat Drink

Water, whole fermented OAT* 12%, salt.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 100



New



3509 • Oat Sugarfree Barista

Water, whole fermented OATS* 8.3%, sunflower oil, acidity regulators: potassium carbonates, sodium citrates, sea salt.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 100



New



3574 • Oat Sugarfree

Water, gluten-free OAT* 5.5%, sunflower oil*, thickener: carob seed flour**, sea salt.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 100



49139 • Whole Drink

Water, whole grain OAT* 5.5%, SOYbeans* 3.0%, sunfl ower oil*, stabiliser: gellan gum; maltodextrin*, sea salt, natural molasses-fl avouring.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 100



49108 • Oat Drink Natural

Water, OATS* 15%, sunfl ower oil*, sea salt.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 100



49113 • Oat Drink Gluten Free

Water, GLUTEN FREE WHOLE GRAIN OATS* 11.5%, sunfl ower oil*, sea salt.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 100



49109 • Oat Drink Vanilla

Water, OATS* 16%, sunflower oil*, bourbon vanilla flavouring*, sea salt.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 100



49111 • Oat Drink Choco

Water, whole grain OATS* 11.4%, cane sugar*, low-fat cocoa* 1.3%, sunflower oil*, thickener: guar gum*; sea salt.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 100



49135 • Oat Almond Drink

Water, OATS* 10.0%, coconut milk* (coconut cream*, water) 6.0%, natural coconut flavour*, sea salt, stabilizer: gellan gum.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 100



49128 • Oat Drink Coco

Water, OATS*, 10.0%, coconut milk* (coconut cream*, water) 6.0%, natural coconut flavour*, sea salt, stabiliser: gellan gum.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 100



49114 • Oat Drink Omega-3

Water, OATS* 11%, linseed oil*, sea salt.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 100



Spelt Based Drinks



49134 • Spelt Drink Natural

Water, SPELT (WHEAT)* 17%, sunflower oil*, sea salt.

Bio
Weight : 1 L
Units per carton : 8
Cartons per palette: 100



49110 • Spelt Drink Almond

Water, SPELT (WHEAT)* 13%, ALMONDS* 2.5%, sunflower oil*, sea salt.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 100



Millet Based Drinks



41321 • Millet Drink

Water, millet* 15%, sunflower oil*, sea salt.

Bio
Weight: 1 L
Units per carton: 6
Cartons per palette: 125



Nut Based Drinks

New



3578 • Pure Almond Drink

Water, ALMONDS* 6%, salt.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 100



49136 • Almond Drink

Water, ALMONDS* 4%, emulsifier: lecithins* (from sunflower*), sea salt.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 100



Cream Alternatives

Indispensable in the daily plant-based kitchen! Our cream alternatives are excellent for soups or vegetable purees, quiches, sauces and all oven-prepared dishes.

Vegetable Cream

	41335 • Rice Cuisine Water, rice* 8.3%, sunflower oil*, stabilisers: locust bean gum*, guar gum* and gellan gum, sea salt.	Bio Weight: 200 ml Units per carton: 15 Cartons per palette: 225	
	41373 • Soya Cuisine Water, sunflower oil*, SOYA benas* 6.2%, glucose syrup from corn*, thickener: locust bean gum*, sea salt.	Bio Weight: 200 ml Units per carton: 15 Cartons per palette: 225	
	41324 • Oat Cuisine Water, sunflower oil*, OAT swell flour* 6%, thickener: xanthan, sea salt.	Bio Weight: 200 ml Units per carton: 15 Cartons per palette: 225	
	49106 • Almond Cuisine Water, sunflower oil*, ALMONDS* 3%, thickener: gellan gum, locust bean gum*, guar gum*, sea salt.	Bio Weight: 200 ml Units per carton: 15 Cartons per palette: 225	

Noodles

Our fine Japanese noodles are made with the most care according to ancient local traditions. Ready to eat in 3 to 10 minutes!

Japanese Noodles

	66820 • Udon (traditional pasta from whole grain wheat) WHEAT flour* (97%), sea salt.	Bio Weight: 250 g Units per carton: 6 Cartons per palette: 320	
	66822 • Somen (fine noodles made from wholegrain wheat) WHEAT flour* (97%), sea salt.	Bio Weight: 250 g Units per carton: 6 Cartons per palette: 320	
	66821 • Soba 35% WHEAT flour* (62%), buckwheat flour* (35%), sea salt.	Bio Weight: 250 g Units per carton: 6 Cartons per palette: 320	
	66827 • Soba 100% Buckwheat flour*.	Bio Weight: 200 g Units per carton: 6 Cartons per palette: 320	 

Soups

Instant miso soups are authentic Japanese specialties. A pure delicacy for those who love the cuisine of the land of the rising sun. This soup is rich in fermented ingredients: nutritious and tasty.

Japanese Instant Soups



41922 • Instant red miso soup tofu

Freeze-dried red Miso* (wholemeal SOJA*, wholemeal rice*, sea salt, koji (Aspergillus oryzae)), freeze-dried tofu* (wholemeal SOJA*, kuzu* (Pueraria lobata), inhibitor: nigari) 4%, seaweed wakame (Undaria pinnatifida) 2%.

Bio
Weight: 40 g (4 x 10 g)
Units per carton: 12
Cartons per palette: 144



41910 • Instant miso soup ginger

Brown rice miso* 59% (SOYA beans*, brown rice*, sea salt, water, koji (Aspergillus oryzae)), mirin* (water, rice*, sweet rice*, koji (Aspergillus oryzae)), shoyu* (water, SOYA beans*, WHEAT*, sea salt, koji (As-ergillus oryzae)), water, malt syrup* (BARLEY*), sea salt, seaweed wakame (Undaria pinnatifida), seaweed: kombu extract, ginger* 0.2%, white pepper*, cayenne pepper*.

Bio
Weight: 60 g (4 x 15 g)
Units per carton: 6
Cartons per palette: 260



41921 • Instant white shiro miso soup

Rice miso* 40% (SOYA beans*, rice*, sea salt, water, koji (Aspergillus oryzae)), shiro miso* 18% (SOYA beans*, rice*, water, sea salt, koji (Aspergillus oryzae)), mirin* (water, rice*, glutinous rice*, koji (Aspergillus oryzae)), water malt syrup* (BARLEY*), sea salt, seaweed: Kombu extract, seaweed Wakame (Undaria pinnatifida).

Weight: 66 g (4 x 16.5 g)
Units per carton: 6
Cartons per palette: 260



(* = Organically grown.)

Soy Sauces and Miso

Discover our wide range of organic soy sauces on the market in different formats: sauces with a reduced salt content (from 25% to 50% less salt), certified gluten-free tamari, smoked soy sauce and various flavoured soy sauces to easily flavour your daily preparations. Lima remains the icon when it comes to organic soy sauces.

Pure Soy Sauces



41610 • Tamari strong (prnounced taste)

Water, SOYA beans*, sea salt, alcohol*, koji (Aspergillus oryzae).

Bio
Weight: 145 ml
Units per carton: 6
Cartons per palette: 329



41607 • Tamari strong (pronounced taste)

Water, SOYA beans*, sea salt, alcohol*, koji (Aspergillus oryzae).

Bio
Weight: 250 ml
Units per carton: 6
Cartons per palette: 258



41606 • Tamari strong (pronounced taste)

Water, SOYA beans*, sea salt, alcohol*, koji (Aspergillus oryzae).

Bio
Weight: 500 ml
Units per carton: 6
Cartons per palette: 130



41605 • Tamari strong (pronounced taste)

Water, SOYA beans*, sea salt, alcohol*, koji (Aspergillus oryzae).

Bio
Weight: 1 L
Units per carton: 6
Cartons per palette: 85



41602 • Tamari strong (pronounced taste)

Water, SOYA beans*, sea salt, alcohol*, koji (Aspergillus oryzae).

Bio
Weight: 10 L
Units per carton: 1
Cartons per palette: 60



41627 • Tamari 25% less salt

Water, SOYA benas*, sea salt 10.3%, alcohol*, koji (Aspergillus oryzae).

Bio
Weight: 250 ml
Units per carton: 6
Cartons per palette: 258



41626 • Tamari 25% less salt

Water, SOYA benas*, sea salt 10.3%, alcohol*, koji (Aspergillus oryzae).

Bio
Weight: 500 ml
Units per carton: 6
Cartons per palette: 130



(* = Organically grown.)



41629 • Tamari 25% less salt

Water, SOYA beans*, sea salt 10.3% alcohol*, koji (Aspergillus oryzae).

Bio
Weight: 1 L
Units per carton: 6
Cartons per palette: 85



41622 • Tamari 25% less salt

Water, SOYA beans*, sea salt 10.3% alcohol*, koji (Aspergillus oryzae).

Bio
Weight: 10 L
Units per carton: 1
Cartons per palette: 60



41631 • Tamari 50% less salt

Water, SOY beans*, sea salt 6.7% alcohol*, acidity regularor: lactic acid, rice vinegar*, koji (Aspergillus oryzae).

Bio
Weight: 250 ml
Units per carton: 6
Cartons per palette: 258



41632 • Tamari 50% less salt

Water, SOY beans*, sea salt 6.7% alcohol*, acidity regularor: lactic acid, rice vinegar*, koji (Aspergillus oryzae).

Bio
Weight: 500 ml
Units per carton: 6
Cartons per palette: 130



Soy Sauces with Wheat



41590 • Shoyu mild (refined taste)

Water, SOYA beans*, WHEAT*, sea salt, alcohol*, koji (Aspergillus oryzae).

Bio
Weight: 145 ml
Units per carton: 6
Cartons per palette: 329



41587 • Shoyu mild (refined taste)

Water, SOYA beans*, WHEAT*, sea salt, alcohol*, koji (Aspergillus oryzae).

Bio
Weight: 250 ml
Units per carton: 6
Cartons per palette: 258



41586 • Shoyu mild (refined taste)

Water, SOYA beans*, WHEAT*, sea salt, alcohol*, koji (Aspergillus oryzae).

Bio
Weight: 500 ml
Units per carton: 6
Cartons per palette: 130



41585 • Shoyu mild (refined taste)

Water, SOYA beans*, WHEAT*, sea salt, alcohol*, koji (Aspergillus oryzae).

Bio
Weight: 1 L
Units per carton: 6
Cartons per palette: 85



41584 • Shoyu

Water, SOYA beans*, WHEAT*, sea salt, koji (Aspergillus oryzae).

Bio
Weight: 10 L
Units per carton: 1
Cartons per palette: 60



41577 • Shoyu 28% less salt

Water, SOYA beans*, sea salt 9.8%, WHEAT*, alcohol*, vinegar*, acidity regulator: lactic acid, koji (Aspergillus oryzae).

Bio
Weight: 250 ml
Units per carton: 6
Cartons per palette: 258



41576 • Shoyu 28* less salt

Water, SOYA beans*, sea salt 9.8%, WHEAT*, alcohol*, vinegar*, acidity regulator: lactic acid, koji (Aspergillus oryzae).

Bio
Weight: 500 ml
Units per carton: 6
Cartons per palette: 130



Seasoned Sauces



41652 • Teriyaki

Water, rice syrup*, Tamari* 17% (water, SOYA*, sea salt, alcohol*, koji (Aspergillus oryzae)), mirin* (rice*, water, koji (Aspergillus oryzae)), corn starch*, white wine vinegar*, sea salt, garlic powder*, onion*, ginger powder*.

Bio
Weight: 250 ml
Units per carton: 6
Cartons per palette: 216



41657 • Tamari coriander & wasabi (wok & vegetables)

Tamari* 64.8% (water, SOYA*, sea salt, alcohol* koji (Aspergillus oryzae)), water, white wine vinegar*, corn starch*, coriander seeds* 1.8%, wasabi powder* 1.4% (horseradish*, wasabi).

Bio
Weight: 250 ml
Units per carton: 6
Cartons per palette: 216



41659 • Shoyu ginger thaï (wok & grillades)

Rice syrup*, Shoyu* 28.9% (water, SOYA*, WHEAT*, sea salt, alcohol*, koji (Aspergillus oryzae)), water, white wine vinegar*, mirin rice wine* (rice*, water, koji (Aspergillus oryzae)), sea salt, corn starch*, ginger*, garlic powder*.

Bio
Weight: 250 ml
Units per carton: 6
Cartons per palette: 216



41747 • Sweet sushi (sweet soy sauce)

Rice syrup*, shoyu* 43.9% (water, SOYA*, WHEAT*, sea salt, alcohol*, koji(Aspergillus oryzae)), mirin rice wine* (rice*, water, koji (Aspergillus oryzae)), water, white wine vinegar*.

Bio
Weight: 250 ml
Units per carton: 6
Cartons per palette: 216



Fermented Soy Paste (miso)



41433 • Lentil miso, unpasteurised

Lentils* 48%, Rice* 34%, sea salt, water, koji (Aspergillus oryzae).

Bio
Weight: 300 g
Units per carton: 6
Cartons per palette: 128



Soy Sauces and Miso

	41563 • Hatcho miso (miso from soya), unpasteurised SOYA benas* 65%, water, sea salt, BARLEY flour* roasted, koji (Aspergillus oryzae).	Bio Weight: 300 g Units per carton: 6 Cartons per palette: 144	
	41394 • Brown rice miso, unpasteurised Hulled SOYA beans* 46%, wholegrain rice* 36%, water, koji (Aspergillus oryzae).	Bio Weight: 300 g Units per carton: 6 Cartons per palette: 128	
	41395 • Rice miso 25% salt-reduced, unpasteurised SOY beans* 43%, rice 24%, wholegrain rice*, sea salt, water, koji (Aspergillus oryzae).	Bio Weight: 300 g Units per carton: 6 Cartons per palette: 128	
	41561 • Shiro miso (miso rice & soya) Rice* 45%, SOYA beans* 25%, water, sea salt 6%, koji (Aspergillus oryzae).	Bio Weight: 300 g Units per carton: 6 Cartons per palette: 144	
	41432 • Barley miso (miso, barley & soya) BARLEY* 39%, SOYA* 26%, water, sea salt, koji (Aspergillus oryzae).	Bio Weight: 300 g Units per carton: 6 Cartons per palette: 320	

(* = Organically grown.)

Other Condiments

Lima's condiments are full of natural richness, vibrant colour, and exceptional taste, making them indispensable in kitchens around the world. From Gomasio to Tahin and Kuzu, these versatile seasonings enhance a wide variety of dishes. Easy to use and packed with flavour, they are a staple in global cuisine. Our range is regularly updated to meet changing consumer preferences, ensuring freshness and variety each year.

Vinegar & Wasabi

	65738 • Mirin (sweet rice wine) 14.0° Sweet rice* 52%, water, whole rice* 23%, koji (Aspergillus oryzae).	Bio Weight: 250 ml Units per carton: 6 Cartons per palette: 258	
	66829 • Ume-su (vinegar from umeboshi) 4.0° Umeboshi* (Prunus meme), sea salt, shiso* (Perilla frutescens).	Bio Weight: 250 ml Units per carton: 6 Cartons per palette: 258	
	65737 • Genmai-su (rice vinegar) 4.3° Water, brown rice*.	Bio Weight: 250 ml Units per carton: 6 Cartons per palette: 258	

Gomasio - Sesame Sea Salt

	48108 • Gomasio original (shaker) Roasted SESAME* 94.5%, sea salt 5.5%.	Bio Weight: 100 g Units per carton: 6 Cartons per palette: 232	
	48117 • Gomasio original Roasted SESAME* 94.5%, sea salt 5.5%.	Bio Weight: 225 g Units per carton: 6 Cartons per palette: 152	

(* = Organically grown.)

Sesame Paste



43337 • Tahin

Roasted whole grain SESAME*.

Bio
Weight: 225 g
Units per carton: 6
Cartons per palette: 260



43336 • Tahin

Roasted whole grain SESAME*.

Bio
Weight: 500 g
Units per carton: 6
Cartons per palette: 152



43346 • Tahin with sea salt

Whole grain roasted SESAME*, sea salt 1.6%.

Bio
Weight: 500 g
Units per carton: 6
Cartons per palette: 152



Unrefined Sea Salt



70015 • Sea salt coarse atlantic

Sea salt*.

Bio
Weight: 1 kg
Units per carton: 12
Cartons per palette: 64



70025 • Sea salt fine atlantic

Sea salt*.

Bio
Weight: 1 kg
Units per carton: 12
Cartons per palette: 64



Binding and Gelling Agents



65448 • Kuzu (starch)

Kuzu*.

Bio
Weight: 125 g
Units per carton: 6
Cartons per palette: 260



66180 • Agar agar (bags)

Agar-agar*.

Bio
Weight: 12 g (6 × 2 g)
Units per carton: 12
Cartons per palette: 520



66184 • Agar agar maxi (bags)

Agar-agar*.

Bio
Weight: 40 g (20 × 2 g)
Units per carton: 6
Cartons per palette: 330



Culinary Specialties



41175 • Seitan (wheat proteins)

Water, WHEAT GLUTEN*, WHEAT FLOUR*, Shoyu* (water, SOYA*, WHEAT*, salt) onion*, garlic*, pepper*. liquid: water, shoyu*.

Bio
Weight: 250 g
(500 g undrained)
Units per carton: 6
Cartons per palette: 144



45907 • Umeboshi plum

Umeboshi* (Prunus mume), shiso leaves* (Perilla frutescens), sea salt.

Bio
Weight: 200 g
Units per carton: 6
Cartons per palette: 260



65497 • Umeboshi paste

Umeboshi* (Prunus mume) 87^, sea salt, shiso* leaves (Perilla frutescens).

Bio
Weight: 200 g
Units per carton: 6
Cartons per palette: 260



Dried Seaweed



66028 • Wakame (Undaria pinnatifida)

Seaweed wakame* (Undaria pinnatifida) wild algae from Spain.

Bio
Weight: 40 g
Units per carton: 6
Cartons per palette: 126



66068 • Nori (leaves)

Nori* (Porphyra sp).

Bio
Weight: 30 g
Units per carton: 10
Cartons per palette: 225



66336 • Salade du pêcheur flakes (shaker)

Blend of seaweed flakes in variable propotion:nori*, sea lettuce*, delse*, wakame*.

Bio
Weight: 40 g
Units per carton: 6
Cartons per palette: 232



Product index

Notes

Agar agar maxi (bags)	19	Oat Sugarfree	9	Spelt Drink Almond	10
Agar agar (bags)	19	Oat Sugarfree Barista	9	Spelt Drink Natural	10
Almond Cuisine	11	Pure Almond Drink	10	Sweet sushi (sweet soy sauce)	16
Almond Drink	10	Pure Oat Drink	9	Tahin	19
Barley miso (miso, barley & soja)	17	Rice Cuisine	11	Tahin with sea salt	19
Brown rice miso, unpasteurised	17	Rice Drink Choco	8	Tamari coriander & wasabi (wok & vegetables)	16
Chicory filter	6	Rice Drink Coco	8	Tamari strong (pronounced taste)	14
Chicory instant	6	Rice Drink Hazelnut Almond	8	Tamari 25% less salt	14
Genmai-su (rice vinegar) 4.3°	18	Rice Drink Original	8	Tamari 50% less salt	15
Gomasio original	18	Rice Drink Vanilla	8	Teriyaki	16
Gomasio original (shaker)	18	Roasted bancha tea (leaves)	7	Udon (traditional pasta from whole grain wheat)	12
Green bancha tea (leaves)	7	Wakame (Undaria pinnatifida)	20	Umeboshi paste	20
Hatcho miso (miso from pure soya), unpasteurised	17	Sea salt coarse atlantic	19	Umeboshi plums	20
Instant miso soup ginger	13	Sea salt fine atlantic	19	Ume-su (vinegar from umeboshi) 4.0°	18
Instant red miso soup tofu	13	Salade du pêcheur flakes (shaker)	20	Wakame (Undaria pinnatifida)	20
Instant white shiro miso soup	13	Seitan (wheat proteins)	20	Whole Drink	9
Kukicha tea (twigs)	7	Sencha green tea (leaves)	7	Yannoh® filter original	6
Kuzu (starch)	19	Shiro miso (miso rice & soya)	17	Yannoh® instant	6
Lentil miso, unpasteurised	16	Shoyu ginger thaï (wok & grillades)	16	Yannoh® instant original	6
Millet Drink	10	Shoyu mild (refined taste)	15	Yannoh® instant refill	7
Mirin (sweet rice wine) 14.0°	18	Shoyu	16	Yannoh® instant vanilla	7
Nori (leaves)	20	Shoyu 28% less salt	16	Yorzo instant	7
Oat Almond Drink	10	Soba 35%	12		
Oat Cuisine	11	Soba 100%	12		
Oat Drink Choco	9	Somen (fine noodles made from wholegrain wheat)	12		
Oat Drink Coco	10	Soya Cuisine	11		
Oat Drink Gluten Free	9	Soya Drink Natural	8		
Oat Drink Natural	9				
Oat Drink Omega-3	10				
Oat Drink Vanilla	9				

(* = Organically grown.)

NEW

PUR

Only **3 ingredients !**
Intense taste.



DISCOVER OUR NEW PLANT-BASED DRINKS



NEW

SUGAR FREE

The real taste of oats, with
no sugar at all !

bio

vegan

Lima, organic pioneers since 1957

www.limafood.com
f @lima.bio.food