



CATALOGUE 2024



www.limafood.com

  @lima.bio.food

The pioneers of organic agriculture

As pioneers in organic agriculture, we are always going the extra mile and minimising our impact on the environment as much as possible. That's why we pay special attention to the composition of our products by using natural, unprocessed ingredients; nothing is added or removed.

From day one, Lima has been committed to finding new ways to make life easier for people who want to eat better and take care of themselves. That's why we create sustainable products and constantly strive to improve them. At Lima, sustainability means meeting our own needs without compromising those of future generations. We leave nothing to chance when it comes to the quality of our products. It's about contributing to the well-being of everyone and the planet by continuously improving.

Lima is also a fusion between Belgium and Japan. A combination of the ambitions of Pierre Gevaert and the philosophy of Georges Ohsawa, a famous founder of macrobiotics.

Above all of this, it is a story of a dream born in 1957. A dream of change with the ambitious and innovative idea of creating a brand of natural, healthy, plant-based food products.



A bold choice?

At Lima, we believe that food is the key to wellness and health for all of us. We also realise that there is nothing on the market that perfectly meets your needs.

Visionary and full of ambition, we decided to create a range of high quality and 100 % certified organic products.

Our goal? To offer consumers a choice of 100 % plant-based products and to raise awareness of the transition to a more sustainable diet.

At Lima, ecology and organic products are at the heart of our concerns, just like you. That's why we are totally transparent about our products: you know exactly what's on your plate! This is precisely where we want to make the difference.

An evolution...

From the beginning we have inspired our products with Japanese culture and others across the globe. Delicious and healthy, our products quickly became iconic. We even took part in some great revolutions with the very first Rice Drink in Europe!

We want to evolve at Lima with products adapted to the needs of today's world.

...at every moment

Organic today: easy and accessible

At Lima, it's not just about balance. It's also about having fun!

We know the needs of our consumers and we want to be closer to them every day. That's why we offer a range that meets all your desires. A new way of cooking and embellishing your plates easily, in all simplicity. The Lima touch to enhance your favourite dishes!

Most importantly, we create products that fit your needs, preferences, and lifestyles. We evolve for you and with you. We believe in supporting those who choose to make responsible choices. To support you. Every day, every moment.



Lima and the planet: an organic that has nothing to hide!



We believe that changing the way we consume is the key to facing the challenges of our planet. This is why we attach so much importance to its protection.

For more than 65 years, the experts of our Lima Laboratory have been testing and guaranteeing products for impeccable quality, in keeping with the values we want to transmit.

We respect the European rules: no additives, no GMO, no pesticides... but also the French AB and Belgian Biogarantie labels.

We told you, we always go the extra mile! We leave nothing to chance when it comes to the quality of our products.

Vegan lifestyle, a responsible choice

A choice that has a considerable impact on the planet! By offering an organic and vegan range, Lima not only respects animals and your health, we also aim to:



**SAVE LARGE QUANTITIES
OF WATER**



FIGHT WORLD HUNGER



REDUCE CO₂ EMISSIONS



PRESERVE BIODIVERSITY



**PROTECT THE
EQUATORIAL RAINFOREST**

And contribute towards a better world.

A diet based on quality cereals, cleverly combined with vegetables, plant-based proteins, fruit, and nutrient-rich condiments... A rigorous and tasty choice. Discovery and pleasure guaranteed!



Responsible ... Even with our packaging!

93 % of our packaging is recyclable or compostable.

Nowadays, packaging can have an impact on the environment and create pollution... That's exactly why we aim for 100 % in the future. Our ecological approach is growing along with our product range!

At Lima, we use the most environmentally friendly materials whilst taking care to preserve your favourite products.



**Our
partner**



Three types of Eco Pack



BIO BASED

Partially plant-based packaging



COMPOST HOME

Home compostable packaging



COMPOST INDUSTRIAL

Industrially compostable packaging

More information about our packaging at www.limafood.com.

Table of content

■ Grain Cakes _____	8	■ Rice _____	17
Rice Cakes – Round _____	8	Rice _____	17
Rice Cakes – Thin _____	8		
Corn Cakes – Thin _____	9	■ Noodles _____	19
Buckwheat Cakes _____	9	Japanese Noodles _____	19
Rice Cakes with Chocolate _____	9		
Protein Cakes _____	10		
		■ Soups _____	19
■ Breakfast _____	10	Japanese Instant Soups _____	19
Muesli _____	10		
Flakes _____	10	■ Soy Sauces and Miso _____	20
Porridge _____	11	Pure Soy Sauces _____	20
		Soy Sauces with Wheat _____	22
■ Tea & Coffee Substitutes _____	11	Refillable Bottles _____	23
Coffee Substitutes _____	11	Seasoned Sauces _____	23
Japanese Tea _____	13	Fermented Soy Paste (miso) _____	23
■ Plant-Based Drinks _____	14	■ Other Condiments _____	24
Rice Based Drinks _____	14	Vinegar & Wasabi _____	24
Soya Based Drinks _____	15	Gomasio – Sesame Sea Salt _____	25
Oat Based Drinks _____	15	Sesame Paste _____	25
Spelt Based Drinks _____	16	Unrefined Sea Salt _____	26
Millet Based Drinks _____	16	Binding and Gelling Agents _____	26
Nut Based Drinks _____	16	Culinary Specialties _____	26
		Dried Seaweed _____	27
■ Cream Alternatives _____	17		
Vegetable Cream _____	17	■ Snacks _____	28
		Lentil Chips _____	28
		Tortilla Chips & Dips _____	28

Grain Cakes

Puffed grain cakes have been a part of the Lima assortment since the beginning. The variety is enormous and many of our grain cakes offer additional nutritional value. Our protein cake range is gluten-free, rich in fibre and packed with protein (more than 20%). The perfect nutritious snack throughout the day: at breakfast, as part of a meal or as a snack.

Rice Cakes – Round



40009 • Rice cakes

Wholegrain rice* 99.7%, sea salt.

Bio
Weight: 100 g
Units per carton: 12
Cartons per palette: 80



40019 • Rice cakes without added salt

Wholegrain rice* 100%.

Bio
Weight: 100 g
Units per carton: 12
Cartons per palette: 80



40029 • Rice cakes with buckwheat

Rice*, buckwheat* 10%, sea salt.

Bio
Weight: 100 g
Units per carton: 12
Cartons per palette: 80



40169 • Rice cakes with quinoa

Wholegrain rice*, quinoa* 5%, sea salt.

Bio
Weight: 100 g
Units per carton: 12
Cartons per palette: 80



Rice Cakes – Thin



40121 • Rice cakes thin

Wholegrain rice* 99.7%, sea salt.

Bio
Weight: 130 g
Units per carton: 12
Cartons per palette: 110



40122 • Rice cakes without added salt thin

Wholegrain rice* 100%.

Bio
Weight: 130 g
Units per carton: 12
Cartons per palette: 110



40123 • Rice cakes with quinoa thin

Wholegrain rice* 89.8%, quinoa* 10%, sea salt.

Bio
Weight: 130 g
Units per carton: 12
Cartons per palette: 110





40124 • Rice cakes three grains thin

Wholegrain rice* 89.8%, millet* 5%, buckwheat* 5%, sea salt.

Bio
Weight: 130 g
Units per carton: 12
Cartons per palette: 110



Corn Cakes – Thin



40127 • Corn cakes thin round

Corn* 99.5%, sea salt 0.5%.

Bio
Weight: 120 g
Units per carton: 12
Cartons per palette: 80



40126 • Corn cakes thin rectangular

Corn* 99.5%, sea salt 0.5%.

Bio
Weight: 140 g
Units per carton: 12
Cartons per palette: 110



40130 • Corn cakes flax seeds thin round

Corn* 41.1%, flax seeds* 5%, sea salt.

Bio
Weight: 130 g
Units per carton: 12
Cartons per palette: 80



Buckwheat Cakes



40193 • Buckwheat cakes with flax seeds

Buckwheat* 55%, rice*, quinoa*, flax seeds* 2%, sea salt.

Bio
Weight: 130 g
Units per carton: 12
Cartons per palette: 100



Rice Cakes with Chocolate



40084 • Rice cakes with dark chocolate

Dark chocolate* 60% (cocoa mass*, cane sugar*, cocoa butter*), wholegrain rice*.

Bio
Weight: 100 g
Units per carton: 12
Cartons per palette: 120



40028 • Rice cakes buckwheat dark chocolate thin

Dark chocolate* 59% (cocoa mass*, cane sugar*, cocoa butter*), wholegrain rice*, buckwheat* 8.2%.

Bio
Weight: 90 g
Units per carton: 12
Cartons per palette: 144



40027 • Rice cakes buckwheat dark chocolate coco thin

Dark chocolate* 53% (cocoa mass*, cane sugar*, cocoa butter*), wholegrain rice*, buckwheat* 8.2%, coconut* 6%.

Bio
Weight: 90 g
Units per carton: 12
Cartons per palette: 144



Grain Cakes

Protein Cakes



41675 • Lentil cakes

Lentil flour* 90.5%, buckwheat*, quinoa*, sea salt.

Bio
Weight: 100 g
Units per carton: 12
Cartons per palette: 80



41677 • Chick pea cakes

Chickpea flour* 36.5%, lentil flour*, corn*, tapioca starch*, quinoa*, millet*.

Bio
Weight: 100 g
Units per carton: 12
Cartons per palette: 80



Breakfast

Variety at breakfast has never been better. Our Original Muesli has been in the range since 1963 and is still a success today. This muesli has set the tone for many others such as our Spelt flakes, Corn flakes and also our 3 Express Porridges: guaranteed gluten-free, without added sugars* and ready in an instant!

*Contains naturally occurring sugars

Muesli



40216 • Muesli original

OATflakes* 37%, rice flakes*, WHEATflakes*, raisins* with sunflower oil* 11%, BARLEY flakes*, roasted buckwheat* 7%, SESAME* roasted, HAZELNUTS*, sea salt.

Bio
Weight: 1 kg
Units per carton: 4
Cartons per palette: 72



40403 • Muesli gluten free

GLUTEN free OAT flakes* 60.0%, SOY flakes*, sultanas*, corn flakes* (Corn*), popped rice*, roasted buckwheat*, sour cherries*, sunflower seeds*, sunflower oil*.

Bio
Weight: 650 g
Units per carton: 4
Cartons per palette: 72



Flakes



40288 • Cornflakes

Corn*, sea salt, emulsifier: sunflower lecithin*.

Bio
Weight: 375 g
Units per carton: 12
Cartons per palette: 32



40289 • Spelt flakes

SPELT*, emulsifier: lecithins* (from sunflower*).

Bio
Weight: 375 g
Units per carton: 12
Cartons per palette: 36



Porridge

**40333 • Porridge express superfruits**

GLUTEN free OAT flakes* 89%, dried superfruits* 11% (white mulberries*, cranberries* (cranberries*, concentrated apple juice*, sunflower oil*), goji berries* (Dukes of argyll's teaplant*), sour cherries* (sour cherries*, sunflower oil*), blueberries*).

Bio
Weight: 350 g
Units per carton: 5
Cartons per palette: 126

**40335 • Porridge express omega 3**

GLUTEN free OAT flakes* 87%, flaxseed* 7.2%, SESAME* 5.8%.

Bio
Weight: 350 g
Units per carton: 5
Cartons per palette: 126

**40337 • Porridge express matcha spirulina**

GLUTEN free OAT flakes* 99.5%, matcha powder* 0.3%, spirulina powder* 0.2%.

Bio
Weight: 350 g
Units per carton: 5
Cartons per palette: 126



Tea & Coffee Substitutes

Chicory is an herbaceous plant with light purple flowers and edible roots, which is part of the chicory family. The root (which is roasted and ground) contains lots of good and healthy properties to create a perfect coffee substitute. Chicory has a wonderful aroma and does not contain caffeine. The day starts just as nicely with chicory or our classic Yannoh® with the delicious taste of roasted grains and guaranteed gluten-free.*

*more info at www.limafood.com

Coffee Substitutes

**09187 • Chicory filter**

Chicory*.

Bio
Weight: 250 g
Units per carton: 12
Cartons per palette: 90

**09186 • Chicory filter**

Chicory*.

Bio
Weight: 500 g
Units per carton: 6
Cartons per palette: 90

**09188 • Chicory instant**

Chicory*.

Bio
Weight: 100 g
Units per carton: 6
Cartons per palette: 240



Tea & Coffee Substitutes



41446 • Yannoh® filter original

Roasted BARLEY*, roasted WHEAT*, chicory*, roasted RYE*, roasted chick peas*.

Bio
Weight: 500 g
Units per carton: 6
Cartons per palette: 90



41445 • Yannoh® filter original

Roasted BARLEY*, roasted WHEAT*, chicory*, roasted RYE*, roasted chick peas*.

Bio
Weight: 1 kg
Units per carton: 6
Cartons per palette: 45



41459 • Yannoh® instant original

Roasted chicory*, roasted RYE*, roasted BARLEY*, roasted acorns*.

Bio
Weight: 50 g
Units per carton: 12
Cartons per palette: 176



41458 • Yannoh® instant

Roasted chicory*, roasted RYE*, roasted BARLEY*, roasted acorns*.

Bio
Weight: 125 g
Units per carton: 8
Cartons per palette: 80



41457 • Yannoh® instant

Roasted chicory*, roasted RYE*, roasted BARLEY*, roasted acorns*.

Bio
Weight: 250 g
Units per carton: 6
Cartons per palette: 72



41467 • Yannoh® instant refill

Roasted chicory*, roasted RYE*, roasted BARLEY*, roasted acorns*.

Bio
Weight: 250 g
Units per carton: 10
Cartons per palette: 54



41463 • Yannoh® instant vanilla

Coffee substitute* (chirory, roasted RYE*, roasted BARLEY*, roasted acorns*), dried corn* syrup powder, natural flavour from vanilla* 1%.

Bio
Weight: 150 g
Units per carton: 6
Cartons per palette: 176



41472 • Yannoh® instant cocoa

Coffee substitute* (chirory*, roasted RYE*, roasted BARLEY*, roasted acorns*), dried corn* syrup powder, cocoa powder* 20% (* = Faire trade cocoa).

Bio
Weight: 175 g
Units per carton: 6
Cartons per palette: 176



41479 • Yorzo instant

BARLEY*.

Bio
Weight: 125 g
Units per carton: 6
Cartons per palette: 132



Japanese Tea

45518 • Roasted bancha tea (bags)Bancha* *Camellia sinensis* (roasted Japanese green tea).

Bio
Weight: 15 g (10 × 1.5 g)
Units per carton: 6
Cartons per palette: 260

**65116 • Roasted bancha tea (leaves)**Bancha* *Camellia sinensis* (roasted Japanese green tea).

Bio
Weight: 75 g
Units per carton: 6
Cartons per palette: 126

**45548 • Green bancha tea (bags)**Green bancha* *Camellia sinensis* (dried Japanese green tea).

Bio
Weight: 15 g (10 × 1.5 g)
Units per carton: 6
Cartons per palette: 260

**45547 • Green bancha tea (leaves)**Green bancha* *Camellia sinensis* (dried Japanese green tea).

Bio
Weight: 100 g
Units per carton: 6
Cartons per palette: 126

**45528 • Kukicha tea (bags)**Kukicha* *Camellia sinensis* (twigs roasted Japanese green tea).

Bio
Weight: 15 g (10 × 1.5 g)
Units per carton: 6
Cartons per palette: 260

**45527 • Kukicha tea (twigs)**Kukicha* *Camellia sinensis* (twigs roasted Japanese green tea).

Bio
Weight: 150 g
Units per carton: 6
Cartons per palette: 126

**45538 • Sencha green tea (bags)**Sencha* *Camellia sinensis* (Japanese green tea).

Bio
Weight: 15 g (10 × 1.5 g)
Units per carton: 6
Cartons per palette: 420

**45537 • Sencha green tea (leaves)**Sencha* *Camellia sinensis* (Japanese green tea).

Bio
Weight: 75 g
Units per carton: 6
Cartons per palette: 260



Plant-Based Drinks

A delicious range of 100% organic Rice, Oats, Spelt and Soy from Europe. Our plant-based drinks are not only a delicious thirst-quencher: you can also use them endlessly in the kitchen: for savoury and sweet dishes, desserts, smoothies...

Rice Based Drinks

41375 • Rice Drink Original



Water, rice* 14%, sunflower oil*, natural vanilla flavouring*, sea salt.

Bio
Weight: 3 x 200 ml
Units per carton: 5
Cartons per palette: 207



41292 • Rice Drink Original



Water, rice* 14%, sunflower oil*, natural vanilla flavouring*, sea salt.

Bio
Weight: 500 ml
Units per carton: 10
Cartons per palette: 120



49131 • Rice Drink Original



Water, rice* 15%, sunflower oil*, sea salt, natural vanilla flavouring*.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 100



49133 • Rice Drink Vanilla



Water, rice* 14%, sunflower oil*, natural vanilla flavouring*, sea salt.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 100



49129 • Rice Drink Coco



Water, rice* 14%, coconut milk* 6%, natural coconut flavour*, sea salt.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 100



49117 • Rice Drink Choco



Water, rice* 17%, rice syrup*, cocoa powder* 1%, sunflower oil*, natural vanilla flavour*, thickener: locust bean gum*, sea salt.

Bio
Weight: 1 L
Units per carton: 6
Cartons per palette: 125



49118 • Rice Drink Choco



Water, rice* 15.6%, rice syrup*, cocoa powder* 1.0%, sunflower oil*, natural vanilla flavour*, thickener: locust bean gum*, sea salt.

Bio
Weight: 3 x 200 ml
Units per carton: 5
Cartons per palette: 207



41271 • Rice Drink Hazelnut Almond

Water, rice* 16%, HAZELNUTS* 1.8%, ALMONDS* 0.5%, sunflower oil*, sea salt.

Bio
Weight: 3 x 200 ml
Units per carton: 5
Cartons per palette: 207



5 411788 043632

41223 • Rice Drink Hazelnut Almond

Water, rice* 16%, HAZELNUTS* 1.7%, sunflower oil*, ALMONDS* 0.6%, BARLEY*, sea salt.

Bio
Weight: 1 L
Units per carton: 6
Cartons per palette: 125



5 411788 041164

Soya Based Drinks**41316 • Soya Drink Natural**

Water, SOYA beans* 9%.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 95



5 411788 003377

Oat Based Drinks**New****49139 • Whole Drink**

Water, whole grain OAT* 5.5%, SOYbeans* 3.0%, sunflower oil*, stabiliser: gellan gum; maltodextrin*, sea salt, natural molasses-flavouring.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 100



5 411788 049184

49108 • Oat Drink Natural

Water, OATS* 15%, sunflower oil*, sea salt.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 100



5 411788 041157

49113 • Oat Drink Gluten Free

Water, GLUTEN FREE OATS* 11.5%, sunflower oil*, sea salt.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 100



5 411788 047258

49109 • Oat Drink Vanilla

Water, OATS* 16%, sunflower oil*, natural vanilla flavouring*, sea salt.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 95



5 411788 044776

49111 • Oat Drink Choco

Water, OATS* 11.4%, glucose syrup from corn*, fat-reduced cocoa* 1.3%, sunflower oil*, thickener: guar gum*, sea salt.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 95



5 411788 044837

Plant-Based Drinks



49135 • Oat Almond Drink

Water, OATS* 14%, ALMONDS* 2.6%, emulsifier: lecithins* (from sunflower*), sea salt.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 100



49128 • Oat Drink Coco

Water, OATS* 10.0%, coconut milk* 6.0%, natural coconut flavour*, sea salt, stabilizer: gellan gum.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 100



49114 • Oat Drink Omega-3

Water, OATS* 11%, linseed oil*, sea salt.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 95



Spelt Based Drinks



49134 • Spelt Drink Natural

Water, SPELT (WHEAT)* 17%, sunflower oil*, sea salt.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 100



49110 • Spelt Drink Almond

Water, SPELT (WHEAT)* 13%, ALMONDS* 2.5%, sunflower oil*, sea salt.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 95



Millet Based Drinks



41321 • Millet Drink

Water, millet* 15%, sunflower oil*, sea salt.

Bio
Weight: 1 L
Units per carton: 6
Cartons per palette: 125



Nut Based Drinks



49136 • Almond Drink

Water, ALMONDS* 4%, emulsifier: lecithins* (from sunflower*), sea salt.

Bio
Weight: 1 L
Units per carton: 8
Cartons per palette: 100



Cream Alternatives

Indispensable in the daily plant-based kitchen! Our cream alternatives are excellent for soups or vegetable purees, quiches, sauces and all oven-prepared dishes.

Vegetable Cream



41335 • Rice Cuisine

Water, rice* 8.3%, sunflower oil*, stabilisers: locust bean gum*, guar gum* and gellan gum, sea salt.

Bio
Weight: 200 ml
Units per carton: 15
Cartons per palette: 225



41373 • Soja Cuisine

Water, sunflower oil*, SOYA beans* 6.2%, glucose syrup from corn*, thickener: locust bean gum*, sea salt.

Bio
Weight: 200 ml
Units per carton: 15
Cartons per palette: 225



41324 • Oat Cuisine

Water, sunflower oil*, OAT swell flour* 6%, thickener: xanthan, sea salt.

Bio
Weight: 200 ml
Units per carton: 15
Cartons per palette: 225



49106 • Almond Cuisine

Water, sunflower oil*, ALMONDS* 3%, thickener: gellan gum, locust bean gum*, guar gum*, sea salt.

Bio
Weight: 200 ml
Units per carton: 15
Cartons per palette: 225



Rice

Thanks to a special steaming procedure, our rice in cooking bags are ready in record time while retaining taste and nutritional benefits. Both products are a source of magnesium and phosphorus. Thai rice comes from the north of Thailand. The organic rice culture in some small villages stimulates a local economy based on fair trade, which allows the population to continue to live in the countryside. In this way we contribute to harmony with ourselves, with each other and with the environment.

Rice



00405 • Rice short grain brown

Short grain brown rice*.

Bio
Weight: 1 kg
Units per carton: 6
Cartons per palette: 102





00605 • Rice short grain semi-polished

Semi-polished short grain rice*.

Bio
Weight: 1 kg
Units per carton: 6
Cartons per palette: 102



00716 • Rice basmati brown

Wholegrain Basmati rice*.

Bio
Weight: 500 g
Units per carton: 6
Cartons per palette: 168



00726 • Rice basmati semi-polished

Semi-polished Basmati rice*.

Bio
Weight: 500 g
Units per carton: 6
Cartons per palette: 168



00746 • Rice thai semi-polished

Semi-polished Thai rice*.

Bio
Weight: 500 g
Units per carton: 6
Cartons per palette: 168



00805 • Rice long grain brown

Long grain brown rice*.

Bio
Weight: 1 kg
Units per carton: 6
Cartons per palette: 102



00748 • Rice thai semi-polished-precooked in boiling bags

Semi-polished Thai rice*.

Bio
Weight: 500 g (4 x 125 g)
Units per carton: 6
Cartons per palette: 140



00788 • Rice long grain brown pre-cooked in boiling bags

Long grain brown rice*.

Bio
Weight: 500 g (4 x 125 g)
Units per carton: 6
Cartons per palette: 140



Noodles

Our fine Japanese noodles are made with the most care according to ancient local traditions. Ready to eat in 3 to 10 minutes! Although our noodles are made from whole grains, they are very light. The secret: flour that is ground several times and dried in the open air. The Soba 100% noodles have a gluten-free certificate and are made from whole grain buckwheat flour without added salt. Rich in copper, magnesium, phosphorus, proteins and dietary fiber.

Japanese Noodles



66820 • Udon (traditional pasta from whole grain wheat)

Whole grain WHEAT flour*, sea salt.

Bio
Weight: 250 g
Units per carton: 6
Cartons per palette: 320



66822 • Somen (fine noodles made from wholegrain wheat)

Whole grain WHEAT flour*, sea salt.

Bio
Weight: 250 g
Units per carton: 6
Cartons per palette: 320



66821 • Soba 35%

Whole grain WHEAT flour* 62%, wholegrain buckwheat flour* 35%, sea salt.

Bio
Weight: 250 g
Units per carton: 6
Cartons per palette: 320



66827 • Soba 100%

Whole grain buckwheat flour*.

Bio
Weight: 200 g
Units per carton: 6
Cartons per palette: 320



Soups

Instant miso soups are authentic Japanese specialties. A pure delicacy for those who love the cuisine of the land of the rising sun. This soup is rich in fermented ingredients: nutritious and tasty.

Japanese Instant Soups



41922 • Instant red miso soup tofu

Freeze-dried red Miso* (wholemeal SOJA*, wholemeal rice*, seasalt, koji (*Aspergillus oryzae*)), freeze-dried tofu* (wholemeal SOJA*, kuzu* (*Pueraria lobata*), inhibitor: nigari) 4%, seaweed wakame (*Undaria pinnatifida*) 2%.

Bio

Weight: 40 g (4 x 10 g)

Units per carton: 12

Cartons per palette: 144



5 411788 048668



67008 • Instant miso soup traditional

Freeze-dried rice miso 89% (SOYA beans, rice, BARLEY, sea salt, koji (*Aspergillus oryzae*)), dried spring onions, seaweed wakame 4%.

Weight: 40 g (4 x 10 g)

Units per carton: 12

Cartons per palette: 144



5 411788 018104



41910 • Instant miso soup ginger

Brown rice miso* 59% (SOYA beans*, brown rice*, sea salt, water, koji (*Aspergillus oryzae*)), mirin* (water, rice*, sweet rice*, koji (*Aspergillus oryzae*)), shoyu* (water, SOYA beans*, WHEAT*, sea salt, koji (*Aspergillus oryzae*)), water, malt suryp* (BARLEY*), sea salt, seaweed wakame (*Undaria pinnatifida*), seaweed: kombu extract, ginger* 0.2%, white pepper*, cayenne pepper*.

Bio

Weight: 60 g (4 x 15 g)

Units per carton: 6

Cartons per palette: 260



5 411788 043212



41921 • Instant white shiro miso soup

Rice miso* 40% (SOYA beans*, rice*, sea salt, water, koji (*Aspergillus oryzae*)), shiro miso* 18% (SOYA beans*, rice*, water, sea salt, koji (*Aspergillus oryzae*)), mirin* (water, rice*, glutinous rice*, koji (*Aspergillus oryzae*)), water, malt syrup* (BARLEY*), sea salt, seaweed: Kombu extract, seaweed Wakame (*Undaria pinnatifida*).

Bio

Weight: 66 g (4 x 16.5 g)

Units per carton: 6

Cartons per palette: 260



5 411788 047319

Soy Sauces and Miso

Discover the widest range of organic soy sauces on the market in different formats: sauces with a reduced salt content (from 25% to 50% less salt), certified gluten-free tamari, smoked soy sauce and various flavoured soy sauces to easily flavour your daily preparations. Lima remains the icon when it comes to organic soy sauces.

Pure Soy Sauces



41610 • Tamari strong (pronounced taste)

Water, SOYA beans*, sea salt, alcohol*, koji (*Aspergillus oryzae*).

Bio

Weight: 145 ml

Units per carton: 6

Cartons per palette: 329



5 411788 044745

**41607 • Tamari strong (pronounced taste)**

Water, SOYA beans*, sea salt, alcohol*,
koji (*Aspergillus oryzae*).

Bio
Weight: 250 ml
Units per carton: 6
Cartons per palette: 258

**41606 • Tamari strong (pronounced taste)**

Water, SOYA beans*, sea salt, alcohol*,
koji (*Aspergillus oryzae*).

Bio
Weight: 500 ml
Units per carton: 6
Cartons per palette: 130

**41605 • Tamari strong (pronounced taste)**

Water, SOYA beans*, sea salt, alcohol*,
koji (*Aspergillus oryzae*).

Bio
Weight: 1 L
Units per carton: 6
Cartons per palette: 85

**41602 • Tamari strong (pronounced taste)**

Water, SOYA beans*, sea salt, alcohol*,
koji (*Aspergillus oryzae*).

Bio
Weight: 10 L
Units per carton: 1
Cartons per palette: 60

**41627 • Tamari 25% less salt**

Water, SOYA beans*, sea salt 10.3%, alcohol*,
koji (*Aspergillus oryzae*).

Bio
Weight: 250 ml
Units per carton: 6
Cartons per palette: 258

**41626 • Tamari 25% less salt**

Water, SOYA beans*, sea salt 10.3%, alcohol*,
koji (*Aspergillus oryzae*).

Bio
Weight: 500 ml
Units per carton: 6
Cartons per palette: 130

**41629 • Tamari 25% less salt**

Water, SOYA beans*, sea salt 10.3%, alcohol*,
koji (*Aspergillus oryzae*).

Bio
Weight: 1 L
Units per carton: 6
Cartons per palette: 85

**41622 • Tamari 25% less salt**

Water, SOYA beans*, sea salt 10.3%, alcohol*,
koji (*Aspergillus oryzae*).

Bio
Weight: 10 L
Units per carton: 1
Cartons per palette: 60

**41631 • Tamari 50% less salt**

Water, SOY beans*, sea salt 6.7%, alcohol*,
acidity regulator: lactic acid, rice vinegar*,
koji (*Aspergillus oryzae*).

Bio
Weight: 250 ml
Units per carton: 6
Cartons per palette: 258



■ Soy Sauces and Miso



41632 • Tamari 50% less salt

Water, SOY beans*, sea salt 6.7%, alcohol*, acidity regulator: lactic acid, rice vinegar*, koji (*Aspergillus oryzae*).

Bio
Weight: 500 ml
Units per carton: 6
Cartons per palette: 130



5 411788 048286

Soy Sauces with Wheat



41590 • Shoyu mild (refined taste)

Water, SOYA beans*, WHEAT*, sea salt, alcohol*, koji (*Aspergillus oryzae*).

Bio
Weight: 145 ml
Units per carton: 6
Cartons per palette: 329



5 411788 044752



41587 • Shoyu mild (refined taste)

Water, SOYA beans*, WHEAT*, sea salt, alcohol*, koji (*Aspergillus oryzae*).

Bio
Weight: 250 ml
Units per carton: 6
Cartons per palette: 258



5 411788 037891



41586 • Shoyu mild (refined taste)

Water, SOYA beans*, WHEAT*, sea salt, alcohol*, koji (*Aspergillus oryzae*).

Bio
Weight: 500 ml
Units per carton: 6
Cartons per palette: 130



5 411788 037907



41585 • Shoyu mild (refined taste)

Water, SOYA beans*, WHEAT*, sea salt, alcohol*, koji (*Aspergillus oryzae*).

Bio
Weight: 1 L
Units per carton: 6
Cartons per palette: 85



5 411788 037914



41584 • Shoyu

Water, SOYA beans*, WHEAT*, sea salt, koji (*Aspergillus oryzae*).

Bio
Weight: 10 L
Units per carton: 1
Cartons per palette: 60



5 411788 049016



41663 • Shoyu smoked dispenser

Water, SOYA beans*, WHEAT* sea salt, koji (*Aspergillus oryzae*), smoke from wood shavings from Japanese cherry blossom.

Bio
Weight: 145 ml
Units per carton: 6
Cartons per palette: 252



5 411788 048354



41577 • Shoyu 28% less salt

Water, SOYA beans*, sea salt 9.8 %, WHEAT*, alcohol*, vinegar*, acidity regulator: lactic acid, koji (*Aspergillus oryzae*).

Bio
Weight: 250 ml
Units per carton: 6
Cartons per palette: 258



5 411788 046244

**41576 • Shoyu 28% less salt**

Water, SOYA beans*, sea salt 9.8 %, WHEAT*, alcohol*, vinegar*, acidity regulator: lactic acid, koji (*Aspergillus oryzae*).

Bio
Weight: 500 ml
Units per carton: 6
Cartons per palette: 130



Refillable Bottles

FL027 • Bottles 500 ml

Weight: 500 ml
Units per carton: 6
Cartons per palette: 182

**FL026 • Bottles 1 L**

Weight: 1 L
Units per carton: 6
Cartons per palette: 182



Seasoned Sauces

41652 • Teriyaki

Water, rice syrup*, Tamari* 17% (water, SOYA*, sea salt, alcohol*, koji (*Aspergillus oryzae*)), mirin* (rice*, water, koji (*Aspergillus oryzae*)), corn starch*, white wine vinegar*, sea salt, garlic powder*, onion*, ginger powder*.

Bio
Weight: 250 ml
Units per carton: 6
Cartons per palette: 216

**41657 • Tamari coriander & wasabi (wok & vegetables)**

Tamari* 64.8% (water, SOYA*, sea salt, alcohol*, koji (*Aspergillus oryzae*)), water, white wine vinegar*, corn starch*, coriander seeds* 1.8%, wasabi powder* 1.4% (horseradish*, wasabi).

Bio
Weight: 250 ml
Units per carton: 6
Cartons per palette: 216

**41659 • Shoyu ginger thäi (wok & grillades)**

Rice syrup*, Shoyu* 28.9% (water, SOYA*, WHEAT*, seasalt, alcohol*, koji (*Aspergillus oryzae*)), water, white wine vinegar*, mirin rice wine* (rice*, water, koji (*Aspergillus oryzae*)), seasalt, corn starch*, ginger*, garlic powder*.

Bio
Weight: 250 ml
Units per carton: 6
Cartons per palette: 216

**41747 • Sweet sushi (sweet soy sauce)**

Rice syrup*, shoyu* 43.9% (water, SOYA*, WHEAT*, seasalt, alcohol*, koji (*Aspergillus oryzae*)), mirin rice wine* (rice*, water, koji (*Aspergillus oryzae*)), water, white wine vinegar*.

Bio
Weight: 250 ml
Units per carton: 6
Cartons per palette: 216



Fermented Soy Paste (miso)

41433 • Lentil miso, unpasteurized

Lentils* 48%, Rice* 34%, sea salt, water, koji (*Aspergillus oryzae*).

Bio
Weight: 300 g
Units per carton: 6
Cartons per palette: 128



■ Soy Sauces and Miso



41563 • Hatcho miso (miso from pure soya), unpasteurized

SOYA beans* 65%, water, sea salt, BARLEY flour* roasted, koji (*Aspergillus oryzae*).

Bio
Weight: 300 g
Units per carton: 6
Cartons per palette: 144



5 411788 041256



41394 • Brown rice miso, unpasteurized

Hulled SOYA beans* 46%, wholegrain rice* 36%, water, koji (*Aspergillus oryzae*).

Bio
Weight: 300 g
Units per carton: 6
Cartons per palette: 128



5 411788 048408



41395 • Rice miso 25% salt-reduced, unpasteurized

SOY beans* 43%, rice 24%, wholegrain rice*, sea salt, water, koji (*Aspergillus oryzae*).

Bio
Weight: 300 g
Units per carton: 6
Cartons per palette: 128



5 411788 048415



41561 • Shiro miso (miso rice & soya)

Rice* 45%, SOYA beans* 25%, water, sea salt 6%, koji (*Aspergillus oryzae*).

Bio
Weight: 300 g
Units per carton: 6
Cartons per palette: 144



5 411788 041249



41432 • Barley miso (miso, barley & soja)

BARLEY * 39%, SOYA * 26%, water, sea salt, koji (*Aspergillus oryzae*).

Bio
Weight: 300 g
Units per carton: 6
Cartons per palette: 320



5 411788 048903

Other Condiments

Condiments brimming with natural richness, color and, above all, taste. Lima's seasonings have so many uses that they have become indispensable in world cuisine. And then we are not yet talking about ease of use. With their exotic sounding names such as Gomasio, Tahin or Kuzu, they find their way into every kitchen. Keep this range up to date, because we renew this range every year in order to meet consumer demand.

Vinegar & Wasabi



41568 • Wasabi paste

Maltsyrup* (BARLEY), water, Wasabi* (*Wasabia japonica*) 10%, horseradish*, MUSTERD*, sea salt, sunflower oil*, rice vinegar*, chili*, turmeric*.

Bio
Weight: 30 g
Units per carton: 12
Cartons per palette: 520



5 411788 047036



41392 • Yuzu pepper pasta

Yuzu peel paste* 50%, red chili paste* 30%, seasalt.

Bio
Weight: 30 g
Units per carton: 12
Cartons per palette: 520



5 411788 048385

**65738 • Mirin (sweet rice wine) 14.0°**Sweet rice* 52%, water, whole rice* 23%, koji (*Aspergillus oryzae*).**Bio**
Weight: 250 ml
Units per carton: 6
Cartons per palette: 258**66829 • Ume-su (vinegar from umeboshi) 4.0°**Umeboshi* (*Prunus mume*), sea salt, shiso* (*Perilla frutescens*).**Bio**
Weight: 250 ml
Units per carton: 6
Cartons per palette: 258**65737 • Genmai-su (rice vinegar) 4.3°**

Water, brown rice*.

Bio
Weight: 250 ml
Units per carton: 6
Cartons per palette: 258**65718 • Aceto balsamico di modena**

Wine vinegar*, cooked grape must*.

Bio
Weight: 250 ml
Units per carton: 6
Cartons per palette: 160**65719 • Condimento bianco di modena**

White wine vinegar*, most from concentrated white Trebbiano grapes*.

Bio
Weight: 250 ml
Units per carton: 6
Cartons per palette: 160**Gomasio - Sesame Sea Salt****48108 • Gomasio original (shaker)**

Roasted SESAME* 94.5%, sea salt 5.5%.

Bio
Weight: 100 g
Units per carton: 6
Cartons per palette: 232**48117 • Gomasio original**

Roasted SESAME* 94.5%, sea salt 5.5%.

Bio
Weight: 225 g
Units per carton: 6
Cartons per palette: 152**Sesame Paste****43337 • Tahin**

Roasted whole grain SESAME*.

Bio
Weight: 225 g
Units per carton: 6
Cartons per palette: 260

Other Condiments



43336 • Tahin

Roasted whole grain SESAME*.

Bio
Weight: 500 g
Units per carton: 6
Cartons per palette: 152



43346 • Tahin with sea salt

Whole grain roasted SESAME*, sea salt 1.6%.

Bio
Weight: 500 g
Units per carton: 6
Cartons per palette: 152



Unrefined Sea Salt



70015 • Sea salt coarse atlantic

Sea salt*.

Bio
Weight: 1 kg
Units per carton: 12
Cartons per palette: 64



70025 • Sea salt fine atlantic

Sea salt*.

Bio
Weight: 1 kg
Units per carton: 12
Cartons per palette: 64



Binding and Gelling Agents



65448 • Kuzu (starch)

Kuzu*.

Bio
Weight: 125 g
Units per carton: 6
Cartons per palette: 260



66180 • Agar agar (bags)

Agar-agar*.

Bio
Weight: 12 g (6 x 2 g)
Units per carton: 12
Cartons per palette: 520



66184 • Agar agar maxi (bags)

Agar-agar*.

Bio
Weight: 40 g (20 x 2 g)
Units per carton: 6
Cartons per palette: 330



Culinary Specialties



41175 • Seitan (wheat proteins)

Water, WHEAT GLUTEN*, WHEAT FLOUR*, Shoyu* (water, SOYA*, WHEAT*, salt), onion*, garlic*, pepper*. liquid: water, shoyu*.

Bio
Weight: 250 g
(500 g undrained)
Units per carton: 6
Cartons per palette: 144



**45907 • Umeboshi plums**

Umeboshi* (*Prunus mume*), shiso leaves* (*Perilla frutescens*), sea salt.

Bio
Weight: 200 g
Units per carton: 6
Cartons per palette: 260

**65497 • Umeboshi paste**

Umeboshi* (*Prunus mume*) 87%, sea salt, shiso* leaves (*Perilla frutescens*).

Bio
Weight: 200 g
Units per carton: 6
Cartons per palette: 260

**45918 • Shiitake**

Shiitake* (dried mushrooms*).

Bio
Weight: 40 g
Units per carton: 6
Cartons per palette: 126

**41057 • Rice syrup**

Round rice*, water.

Bio
Weight: 420 g
Units per carton: 6
Cartons per palette: 192

**Dried Seaweed****66016 • Sea spaghetti**

Seaweed haricot de mer* (*Himanthalia elongata*).

Bio
Weight: 50 g
Units per carton: 6
Cartons per palette: 126

**66028 • Wakame (*Undaria pinnatifida*)**

Seaweed wakame* (*Undaria pinnatifida*) wild algae from Spain.

Bio
Weight: 40 g
Units per carton: 6
Cartons per palette: 126

**66067 • Nori (leaves)**

Nori (*Porphyra sp.*).

Weight: 25 g
Units per carton: 10
Cartons per palette: 490

**66336 • Salade du pêcheur flakes (shaker)**

Blend of seaweed flakes in variable proportion: nori*, sea lettuce*, dulse*, wakame*.

Bio
Weight: 40 g
Units per carton: 6
Cartons per palette: 232



Snacks

Our deliciously crispy Tortilla Chips Original and Chili are made with care from natural sun-dried whole corn and sunflower oil as the only fat. Delicious on its own or in combination with the Salsa dip!

Lentil Chips



39020 • Lentil chips original

Lentil flour* 48%, potato starch*, sunflower oil*, potato flour*, sea salt, turmeric*.

Bio

Weight: 90 g

Units per carton: 12

Cartons per palette: 40



39021 • Lentils chips chili

Lentil flour* 46%, potato starch*, sunflower oil*, chili flavour preparation* (salt, paprika*, garlic*, onion*, corn flour*, coriander*, fenugreek*, lovage root*, chili* 1.8%), potato flour*, turmeric powder*.

Bio

Weight: 90 g

Units per carton: 12

Cartons per palette: 40



Tortilla Chips & Dips



39008 • Tortilla chips original

Corn* 78%, sunflower oil* 20%, sea salt.

Bio

Weight: 90 g

Units per carton: 12

Cartons per palette: 64



39009 • Tortilla chips chili

Corn* 72%, sunflower oil* 22%, chili spice mix* 5% (sea salt, paprika*, garlic*, onion*, cornflour*, coriander*, fenugreek*, lovage*, chili*).

Bio

Weight: 90 g

Units per carton: 12

Cartons per palette: 64



39888 • Salsa dip

Tomatoes* 79%, onions* 7.7%, tomato paste* 4.8%, vinegar*, green sweet pepper* 2.1%, rice starch*, sea salt, water, garlic powder*, cayenne pepper*, antioxidant: ascorbic acid.

Bio

Weight: 260 g

Units per carton: 6

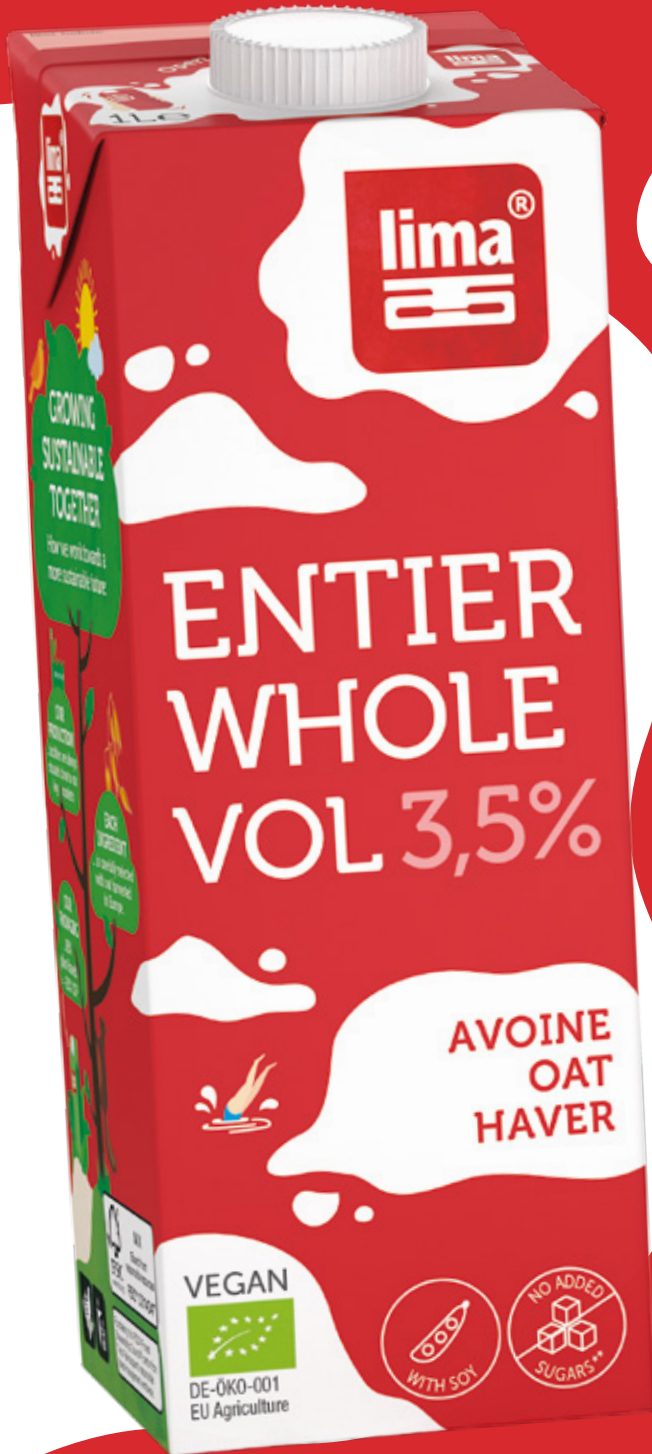
Cartons per palette: 306



Product index

Aceto balsamico di modena	25	Oat Drink Natural	15	Sencha green tea (leaves)	13
Agar agar maxi (bags)	26	Oat Drink Omega-3	16	Shiitake	27
Agar agar (bags)	26	Oat Drink Vanilla	15	Shiro miso (miso rice & soya)	24
Almond Cuisine	17	Porridge express matcha spirulina	11	Shoyu ginger thāi (wok & grillades)	23
Almond Drink	16	Porridge express omega 3	11	Shoyu mild (refined taste)	22
Barley miso (miso, barley & soja)	24	Porridge express superfruits	11	Shoyu	22
Bottles 1 L	23	Rice basmati brown	18	Shoyu smoked dispenser	22
Bottles 500 ml	23	Rice basmati semi-polished	18	Shoyu 28% less salt	22
Brown rice miso, unpasteurized	24	Rice cakes buckwheat dark chocolate coco thin	9	Soba 100%	19
Buckwheat cakes with flax seeds	9	Rice cakes buckwheat dark chocolate thin	9	Soba 35%	19
Chick pea cakes	10	Rice cakes	8	Soja Cuisine	17
Chicory filter	11	Rice cakes thin	8	Somen (fine noodles made from wholegrain wheat)	19
Chicory instant	11	Rice cakes three grains thin	9	Soya Drink Natural	15
Condimento bianco di modena	25	Rice cakes with buckwheat	8	Spelt Drink Almond	16
Corn cakes flax seeds thin round	9	Rice cakes with dark chocolate	9	Spelt Drink Natural	16
Corn cakes thin rectangular	9	Rice cakes without added salt	8	Spelt flakes	10
Corn cakes thin round	9	Rice cakes without added salt thin	8	Sweet sushi (sweet soy sauce)	23
Cornflakes	10	Rice cakes with quinoa	8	Tahin	25
Genmai-su (rice vinegar) 4.3°	25	Rice cakes with quinoa thin	8	Tahin with sea salt	26
Gomasio original	25	Rice Cuisine	17	Tamari coriander & wasabi (wok & vegetables)	23
Gomasio original (shaker)	25	Rice Drink Choco	14	Tamari strong (pronounced taste)	20
Green bancha tea (bags)	13	Rice Drink Coco	14	Tamari 50% less salt	21
Green bancha tea (leaves)	13	Rice Drink Hazelnut Almond	15	Tamari 25% less salt	21
Hatcho miso (miso from pure soya), unpasteurized	24	Rice Drink Original	14	Teriyaki	23
Instant miso soup ginger	20	Rice Drink Vanilla	14	Tortilla chips chili	28
Instant miso soup traditional	20	Rice long grain brown	18	Tortilla chips original	28
Instant red miso soup tofu	20	Rice long grain brown pre-cooked in boiling bags	18	Udon (traditional pasta from whole grain wheat)	19
Instant white shiro miso soup	20	Rice miso 25% salt-reduced, unpasteurized	24	Umeboshi paste	27
Kukicha tea (bags)	13	Rice short grain brown	17	Umeboshi plums	27
Kukicha tea (twigs)	13	Rice short grain semi-polished	18	Ume-su (vinegar from umeboshi) 4.0°	25
Kuzu (starch)	26	Rice syrup	27	Wakame (<i>Undaria pinnatifida</i>)	27
Lentil cakes	10	Rice thai semi-polished	18	Wasabi paste	24
Lentil chips original	28	Rice thai semi-polished-precooked in boiling bags	18	Whole Drink	15
Lentil miso, unpasteurized	23	Roasted bancha tea (bags)	13	Yannoh® filter original	12
Lentils chips chili	28	Roasted bancha tea (leaves)	13	Yannoh® instant cocoa	12
Millet Drink	16	Salade du pêcheur flakes (shaker)	27	Yannoh® instant	12
Mirin (sweet rice wine) 14.0°	25	Salsa dip	28	Yannoh® instant original	12
Muesli gluten free	10	Sea salt coarse atlantic	26	Yannoh® instant refill	12
Muesli original	10	Sea salt fine atlantic	26	Yannoh® instant vanilla	12
Nori (leaves)	27	Sea spaghetti	27	Yorzo instant	12
Oat Almond Drink	16	Seitan (wheat proteins)	26	Yuzu pepper pasta	24
Oat Cuisine	17	Sencha green tea (bags)	13		
Oat Drink Choco	15				
Oat Drink Coco	16				
Oat Drink Gluten Free	15				

NEW



WHOLE DRINK

Discover the creamy taste and texture of whole milk in this new plant-based drink based on oat and soy!

This perfect alternative for full milk is produced in Europe, and allows for an easy replacement of milk in a variety of recipes. It's ideal to put in your cereal, or to add to your patisserie or savory recipes!



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